



Co-funded by the
Erasmus+ Programme
of the European Union



YOUTH EXCHANGE



2020-2-RO01-KA105-080558



„We are drowning in information, while starving for wisdom. The world henceforth will be run by synthesizers, people able to put together the right information at the right time, think critically about it, and make important choices wisely.”

E. O. Wilson

INFORMATION PACK

Aninoasa, Dambovita

05-14 July 2021



Disclaimer:

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PROJECT DETAILS

Project name: Step into EU

Approached themes: Euroscepticism, fake news, media literacy

Program: Erasmus + KA1

Project duration: 12 months (1 December 2020 - 30 November 2021)

Youth Exchange: 05-14 July 2021 (8 youth exchange days, 2 travelling days)

Venue: Aninoasa, Dambovită

Participants: 35 young people (**4 young people** and **1 group leader** per country)

PROJECT CONTEXT



The ability of citizens to use critical thinking in selecting information on political and social issues is very important. This ability has a major impact on the unity of the European Union and European integration. Especially as Europe faces a lot of challenges, the most serious being the Covid-19 pandemic and its effects. These challenges have caused a lot of confusion among young people and they fear that political leaders are overwhelmed by these situations. These challenges also created a favorable ground for populist parties, the spread of disinformation and Euroscepticism. Young people are the most vulnerable in front of disinformation, fake news and Eurosceptic discourse.

According to the 2018 Eurobarometer report on fake news and online disinformation, social media channels are less credible sources of information. But young people aged between 15 and 24 have great confidence in social media networks and messaging apps when looking for information. That's why the ability to think critically and media literacy skills are more important than ever.

As a result, the aim of the project is to tackle Euroscepticism among young people by improving their media literacy skills, the ability to identify fake news and select carefully information and their information sources.

OBJECTIVES



- ✓ to develop the critical thinking of young people related to the news that they read and hear;
- ✓ to develop the ability of young people to critically evaluate different media content, social and political events;
- ✓ to improve young people's media literacy skills to tackle Euroscepticism and fake news;
- ✓ to promote European values among young people;
- ✓ to empower young people to become active citizens involved in issues that concern them and their communities, in particular Euroscepticism and fake news;

PARTICIPANTS PROFILE



The target group for the proposed activity consist of 28 young people (**4 young people** from each participating organization, including **2 young people with fewer opportunities**) aged between **18-25 years**, and 7 group leaders (**1 group leader per organization**-aged over 18 without upper age limit).

Young people who will take part in this project should be interested in the topic of the project, to be active in their communities. The project address also young people who are less active or not active at all in their community. All young people should be motivated to acquire knowledge on the project topic, eager to improve their media literacy skills and to tackle Euroscepticism, fake news.

Partner organization	Country	Number of young participants	Group leader
Asociația Be You	Romania	4	1
Sdruzhenie Walk Together	Bulgaria	4	1
European Youth Centre Breclav Z.S	Czech Republic	4	1
Comune di Torino	Italy	4	1
FRATERNITAS	Poland	4	1
Município de Paredes	Portugal	4	1
Cultural Bridges Youth Group	Turkey	4	1

ACCOMMODATION



The Youth Exchange will take place in Aninoasa which is near Targoviste town (5 km to the city center) in Dambovita region. The venue is situated in a quiet area, overlooking the entire town of Targoviste and Dealu Monastery.

Participants will be accommodated in rooms with 3 and 4 beds.

Each room is equipped with:

- LCD TV
- Internet connection – Wi-fi
- Own bathroom (shower + toilet) + **towels**
- Air conditioning
- Balcony

The accommodation is equipped with:

- **Washing machine** and clothes iron
- Refrigerator for common use
- Dining room
- Covered outdoor terrace
- Sports court

Address:

Str. General Heruvim, nr. 13, Aninoasa
Dambovita, Romania

GPS coordinates: 44.9579 N - 25.4740 E

website: <http://www.pensiunealoteia.ro>



MEALS



The meals will be served in the dining room of the accommodation. Please note that the Romanian cuisine is delicious but is not fully prepared for vegan, halal or other special menus. The cuisine is based on chicken, beef and porc meals, cow and sheep milk cheese. Local vegetables are also used. Each day is served soup, main dish with salad. Be prepared for new culinary experiences!

TRAVEL



Let's be green as much as possible. We encourage you not to take the plane, even if this takes more time and might take extra effort. Of course, we know it is not always possible depending on from where you are travelling, the time your studies/ job/ everyday life gives you etc. However: Planes are massively responsible for the climate crisis and through our projects we would like to contribute to a more sustainable planet, not to a less sustainable one. Compare the emissions that your journey emits by train, car or plane: <http://www.ecopassenger.org>. Read more about your ecological footprint here: <http://footprint.wwf.org.uk>.

HOW TO GET TO ANINOASA



Aninoasa is attached to Targoviste Municipality which is 80 km from Bucharest (1h45 minutes – 2h by train). To reach Targoviste you have to take the train/bus/plane to Bucharest.

From the airport you can reach Bucharest North Train Station by bus and from there take the train to Targoviste. We will wait for you at Targoviste Train Station and we will go together at the venue of the project. After you will buy tickets and you will give us all travel data we will create an Excel file.

- http://stbsa.ro/pdf_statii/780/780_50.pdf – link transfer airoport - Bucharest North Train Station
- <https://bilete.cfrcalatori.ro/en-GB/itineraries> - link transfer Bucharest North Train Station – Targoviste

After knowing each arrival time, we will assist you to come from the airport, bus and train station to the accommodation;

Youth Exchange

- **Arrival day: 05.07.2021**
- **Departure day: 14.07.2021**

You can arrive two days before the project and leave two days after the project. According to the financial agreement we can not cover accommodation costs for additional days.

FINANCIAL ASPECTS



The project is funded by the European Commission through the Erasmus + programme. Meals, accommodation and activities are fully covered. The travel costs are reimbursed up to these limits:

Bulgaria	- 180 € per participant
Czech Republic	- 275 € per participant
Italy	- 275 € per participant
Poland	- 275 € per participant
Portugal	- 360 € per participant
Turkey	- 275 € per participant

!!! We recommend you to purchase your flight tickets in Euro, if is possible, to not lose money due to the exchange rate.

You have to use only public transportation, economy class (i.e. economy class for planes/busses/trains,etc.)

The reimbursement of travel costs will be done after the end of the Youth Exchange, upon we will receive all travel documents in original (tickets, boarding passes, invoices, etc).

The reimbursement of travel costs will be done only by bank transfer to partner organizations bank account.

NOTE: Be You Association does not request participation fees and does not encourage this practice.

INSURANCE

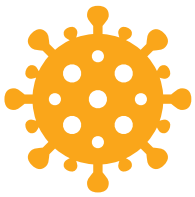


Each participant should have valid health insurance (for example European Health Card) and travel insurance during the whole participation in the project.

We recommend all participants to purchase travel tickets with Storno insurance that cover also Covid-19 issues. The Storno insurance purchased with the travel tickets can be refunded within the maximum travel cost amounts mentioned above for each country.

Also, participants must have during the youth exchange travel documents: identity card / passport.

COVID-19 CONTEXT



The project is to be implemented under the effects of covid-19 pandemic. There are big hopes that things will improve until summer. However is important to respect and keep the safety and sanitary measures imposed by our government.

We will make sure that the project will be carried out under high safety conditions. We are ready to carry out the most of activities outdoor in order to assure distance between participants. The accommodation is isolated enough being only at the disposal of the project group and provides opportunities for outdoor activities. The surfaces, working room and dinning room will be disinfected daily and will be kept clean.

At arrival participants will receive a **sanitary kit** (masks, hand sanitizers, soaps, wipes, etc.) and will be aknowledged again with the sanitary rules.



Provisions for vaccinated people:

Currently our government adpoted the following provision: travellers who have received their final vaccination for COVID-19 more than 10 days ago to enter the country, are exempt from quarantine. It is required to show proof of vaccination, including the dates.

<https://reopen.europa.eu/en/map/ROU/7001>

!!! We will keep you updated about any change and the measures that are imposed by our government.

INTERCULTURAL EVENING



Each national group will have the occasion to present their country, culture, customes and traditions to all participants. It will be organized one intercultural evening under the form of a fair with the participation of the local community.

You can bring food, drinks, songs and other traditional things specific to your country.

!!! Please note that due to covid-19 restrictions the program of the intercultural evening can change. You will be announced in time.



PARTICIPANTS ROLE AND DUTIES

1. **Presentation of the sending organization.** Participants must prepare a presentation of the sending organization. So bring with you material about your organization (brochures, flyers, etc.).
2. **Presentation of local realities related to Euroscepticism.** For the project, each national group will prepare a short (5-10 minutes) role play activity exposing the situation of Euroscepticism among youth/citizens from the local community.
3. **Energizers.** Each national group will have a day to lead the energizers. We are expecting enjoyable energizers!
4. **Helping hand.** Each day, an international team of 3/4 participants will have the role to help to serve meals (breakfast, lunch and dinner) and clean dishes. Each day will be a different team.

WHAT SHOULD BRING WITH YOU



- ✓ Practical clothes for different weather forecasts: sunny and hot weather, rain. Comfortable shoes for walking;
- ✓ Personal hygiene things, medicine you usually take, other things you need for personal comfort and well-being;
- ✓ Pocket money for personal expenses. Romania's national currency is the Romanian leu- RON. Our recommendation is to have euro with you, currency exchange will be easier and more advantageous;
- ✓ Brochures and other materials about your organization;
- ✓ Traditional food specific to your gastronomy and something specific to your country.
- ✓ Good mood 😊 .

WE HAVE SOME SURPRIZES FOR YOU



CUPS

You will receive a personalized cup with your name and project logo.



T-shirts

You will receive a personalized T-shirt with project logo.

3 PRIZES – that will be awarded at the end of the project **for 3 participants:**



- 1 for the most active promoter;
- 1 for the most creative participant;
- 1 for the most popular participant.

You will receive complete information about how the prizes will be accorded during the first project session.

PROJECT CALENDAR AND DEADLINES

Project period: *1 December 2020 – 30 November 2021*

Youth Exchange period: *05-14 July 2021*

Participants selection deadline: *15th of May 2020*

Travel tickets purchase deadline: *05th of June 2021*

CONTACTS:



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Emergency Calls System: 112

SEE YOU SOON!



STEP INTO EU
beyoueurope.eu