



YOUTH EXCHANGE

LAMA DEI PELIGNI,
ITALY

01/09/2023
08/09/2023



YOUTHMOCRACY



Co-funded by
the European Union

THE PROJECT

Youthmocracy aims to investigate the current situation of youth participation in the political life of their country and Europe in general.

For several years now, we have been witnessing a gradual withdrawal of the younger segments of the population from democratic and political life.

However, while the formal (or conventional) participation of young people is decreasing, there has been a visible increase in unconventional forms of participation. While young people are less likely to be involved in traditional forms of participation, 'alternative forms of participation' are taking over. The project focuses on exploring youth-led democratic movements around the world, youth organisations and their impact on democratic movements, the values of the EU, the need for young people to support democracy, and the possible consequences in case of lack of support.



WHAT TO EXPECT

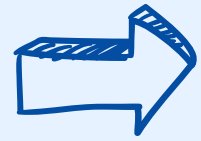


During the exchange, efforts will be made to:

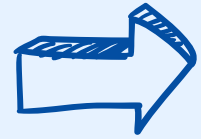
- raise young people's awareness and participation in democratic life
- promoting European values and active participation
- discussing traditional or alternative forms of democracy
- improving knowledge about the EU and European citizenship and democratic movements, in order to stimulate young people's interest in democracy.

Europe needs an active and aware youth population that feels part of the ongoing decision-making process, both nationally and internationally. The project therefore wants to make political and democratic youth activism fashionable again.

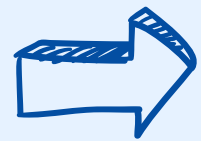
PROFILE OF PARTICIPANTS



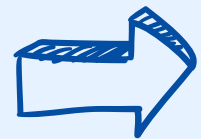
36 **youngsters** aged from 18 to 30 years
(6 participants per organization, gr. leader included)



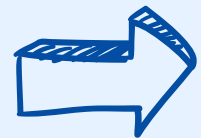
6 **group leaders** and 1 **facilitator**



able to attend all the **activities, before, during** and **after** the **exchange**



able to communicate in **English**



interested in the topic of the project

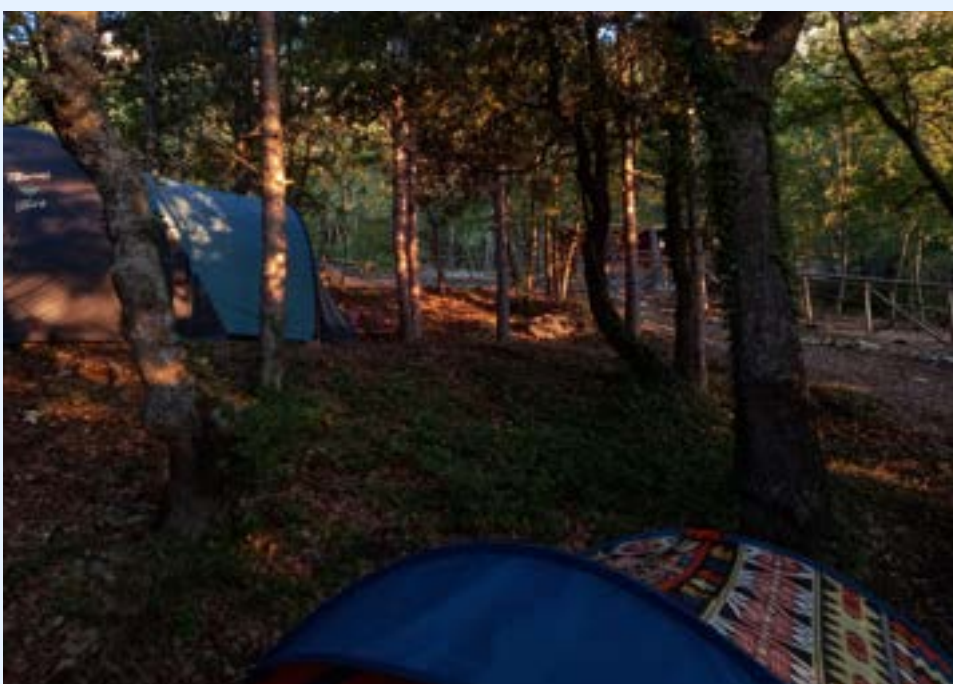




Lama dei Peligni lies in a nature area of international interest, inside the Maiella Geopark UNESCO.



Young people will stay at Maia Camping, a large, recently renovated tourist reception area in the woods, a few hundred metres from the village. Accommodation will be bungalows and tents.



There will be a communal kitchen, a natural amphitheatre and areas equipped with blackboards and tables for activities and workshops. You can find more information about the venue at the link <https://linktr.ee/maia.camping>

ACCOMMODATION

BUDGET



From Italy the budget is 23€ per participant



From Greece the budget is 235€ per participant



From Spain the budget is 235€ per participant



From Bulgaria the budget is 235€ per participant



From Romania the budget is 235€ per participant



From Turkey the budget is 235€ per participant

Since the place of the exchange is located within the Maiella National Park, in a mountainous area, it will be necessary to rent a private bus that will take the participants from Pescara to Lama dei Peligni and back. A morning outside the host municipality is also scheduled and a transfer by bus will be necessary. Given these travel expenses, the budget for each participant to reach Pescara is:

THE TRIP

Participants must be in "Pescara Terminal Bus" on **SEPTEMBER 1st** within **6:00 p.m.**, where a private bus will pick you up, and drop everybody off at the camping in Lama dei Peligni.

For the return trip, we will come back to Pescara with the bus on **SEPTEMBER 8th** at **12:00 a.m.**, so participants can book tickets from that hour.

Team leaders will help organize the trip for the participants. Participants will send the "travel plan" to **info.associazione0121@gmail.com** and will wait for the YOUTHMOCRACY team to approve the trip. Once the YOUTHMOCRACY team confirms the trip, the participants will book their travel to **PESCARA**.

Here some advices to reach Pescara:

- From Rome (Fiumicino Airport): DICARLO BUS; CLIKBUS; FLIXBUS; PRONTOBUS;
- From Rome (Ciampino Airport): CLIKBUS; PRONTOBUS;
- From Bologna: FLIXBUS; TRENITALIA
- From Bari: TRENITALIA




Remember to **keep ALL your tickets and boarding passes**, we cannot reimburse you the corresponding amount if we don't have those. The refund will be made by bank transfer between 10 and 30 days after the project. If after this time we don't have all your invoices, we will just reimburse the ones we do have



- ✓ Please remember to bring your **documents** (ID, passport). We recommend that you obtain the **European health card** to be covered in Italy.
- ✓ The original tickets of your travel
- ✓ Remember, we will stay in a camping close to the mountain so, even if it will be summer, during the night it could be cold. Moreover, don't forget your mountain clothes and your trekking shoes
- ✓ You and your national group will bring some traditional food, photos, music, from your country.



WHAT TO BRING

A black and white photograph of a diverse group of people protesting. In the center, a woman holds a megaphone to her mouth. To her left, a man in a camouflage jacket has his fist raised. To her right, a man in a dark jacket also has his fist raised. In the background, another man with a cap has his fist raised. The scene is set outdoors in front of a stone wall with a dark doorway. A semi-transparent blue rectangle is overlaid on the image, containing white text.

**BE PART OF THE
CHANGE...**

**SEE YOU ALL IN
ITALY**